



# Elevating Women in Leadership

Designed exclusively for female leaders

Elevating Women in Leadership is a transformational leadership program designed exclusively for women to reflect, connect and make choices about their impact.

The insights for this program have been gleaned through years of work with Global, Canadian and US Fortune 500 companies. We combine world-class development with contemporary gender diversity research, which results in acquisition of the skills needed for success in the context of female leadership.

Participants walk away with insight into their performance and perceived potential, a comprehensive leadership vision, a plan to develop resilience and boundaries, and the mindset to achieve their leadership goals.

#### Participants will learn to:

- Reflect on mindset and beliefs
- Define a personal vision
- Lead into the future
- Develop resilience and boundaries
- Influence up
- Project confidence and presence
- Speak with a point of view
- Increase spheres of influence
- Deliver the strategic “No”
- Connect with a community of strong supporters

#### Who will benefit:

- Established and emerging female leaders

#### Interactive, virtual learning journey

- Eight modules distributed across four days (8:30am – 3:00pm)
- Small class size for optimal engagement
- Delivery through Zoom

This is an opportunity for both established and emerging female leaders to explore new ways to extend influence, gain confidence, develop resilience and balance, and be heard in a supportive environment.

Elevating Women in Leadership was developed by our partners at LHH, Canada’s leading human capital company, internationally recognized as one of the world’s best leadership providers.

LHH | Knightsbridge

### Upcoming Public Workshops

#### 2023

January 25, February 1, 8 & 15 2023

#### Program Fees

Regular: \$1,800

#### Register Online

[www.kbrs.ca/elevating-women](http://www.kbrs.ca/elevating-women)

#### or contact

Angela Mitton at

902.421.1723 | [amitton@kbrs.ca](mailto:amitton@kbrs.ca)

### Registering a Group?

Internal offerings for groups are available in partnership with interested employers. Explore options for customizing this program to your organizational values and imperatives by contacting: Catherine J. Woodman, [cjwoodman@kbrs.ca](mailto:cjwoodman@kbrs.ca)

#### Your Facilitator:

**Catherine J. Woodman, ICD.D,** Elevating Women in Leadership facilitator and KBRs Senior Associate, is a well-respected leader with a track record of achieving results by building teams, creating and communicating vision, forging strategic partnerships, and meeting critical challenges through transformational change. She knows the challenges facing female leaders and brings her own experiences forward in a safe, supportive forum.

